



*Ideas  
Inspirations  
Implementations*

**UNLOCK YOUR POTENTIAL**

**Discover your inner powers & attitudes**

*Hosted By*



Leadership is .....

Define your strengths – What makes you a STAR

I Am

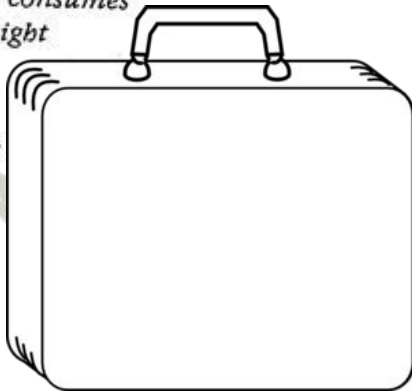
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# 1. THE POWER TO WITHDRAW

My coping mechanisms include :

*"OLD BAGGAGE" refers to issues from the past which cannot be changed, accompanied by residual feelings. This "old baggage" consumes energy that might otherwise be used for self-improvement.*



# 2. THE POWER TO LET GO

### 3. THE POWER TO TOLERATE

What are the 3 habits / characteristics you find most difficult to tolerate in people ?

What you can control

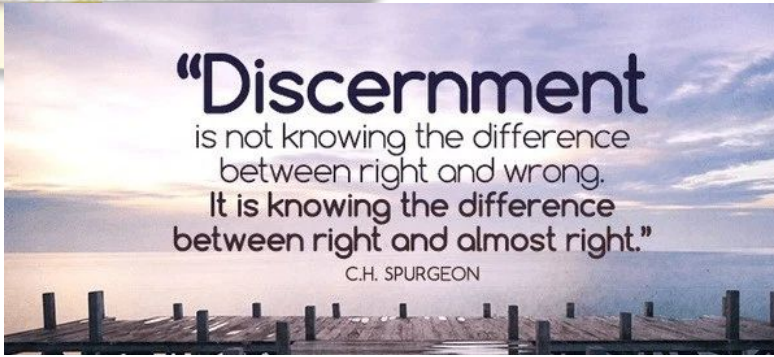

What you can influence

Everything else--outside of your control and influence



### 4. THE POWER TO ADJUST

## 5. THE POWER TO DISCERN



**“Discernment**  
is not knowing the difference  
between right and wrong.  
It is knowing the difference  
between right and almost right.”

C.H. SPURGEON



## 6. THE POWER TO JUDGE

# 7. THE POWER TO FACE



COURAGE IS NOT  
*The*  
**ABSENCE**  
—OF FEAR.—  
BUT *The*  
CONQUEST OF IT

FAMILY RITUAL  
IDEAS 



# 8. THE POWER TO CO-OPERATE



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*Ideas, Inspirations, Implementations*



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Notes:

Ideas I can use now:	Ideas to adapt in the future:	Ideas I can share with others:
Thoughts, feelings, questions, wonderings:	Action Ideas:	