

IND  INDIANS

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YEAR END REVIEW

REFLECT ON YOUR SUCCESSES AND PINPOINT THREE REASONS BEHIND THEM.

Did You Have A Mentor? Attend a conference? Enroll in a course?

CAN YOU THINK OF A MISTAKE, PROBLEM OR FLOP THAT OCCURRED THIS PAST YEAR?

What did you learn from it?

How can you avoid repeating it next year?

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IN WHAT WAY DID YOU TAKE A RISK IN YOUR CAREER OR BUSINESS? DID IT PAY OFF? IF THINGS DIDN'T TURN OUT AS PLANNED, DO YOU REGRET TAKING THAT RISK?



A large rectangular area with a light purple background, containing 20 horizontal dashed lines for writing.

HOW CAN YOU BE MORE STRATEGIC IN CREATING MORE SUCCESSFUL RISK-TAKING VENTURES NEXT YEAR? IT'S IMPORTANT TO CONSIDER RETURN ON INVESTMENT AND TO DO SOME RISK ASSESSMENT BEFORE MAKING ANY DECISIONS.



A large rectangular area with a light gray background, containing horizontal dotted lines for writing.

WHAT SPECIFIC SKILLS DID YOU LEARN THIS YEAR? DID YOU USE THEM OR DO YOU HAVE PLANS TO PUT THEM INTO PRACTICE NEXT YEAR?

A large rectangular area with a light gray background, containing numerous horizontal dotted lines for writing.

DO YOU HAVE ANY LOOSE ENDS OR UNFINISHED BUSINESS YOU WANT TO TAKE CARE OF BY YEAR'S END? HOW CAN YOU TAKE CARE OF THESE THINGS IN ORDER TO START THE YEAR OFF ON A STRONG FOOTING?


NAME _____
3 WORDS THAT BEST
SUM UP THIS PAST YEAR.
HOW DOES EACH MAKE YOU
FEEL? NOW LIST 3 NEW WORDS
THAT COVER WHAT YOU
WANT MOST FOR
NEXT YEAR.

WHAT RESOURCES (TIME, MONEY, ENERGY, EMOTIONS) DID YOU USE MOST WISELY IN YOUR WORK LIFE? WHICH COULD YOU HAVE BEEN BETTER AT UTILIZING? USE THIS INFORMATION TO PLAN YOUR RESOURCE ALLOCATION FOR NEXT YEAR.

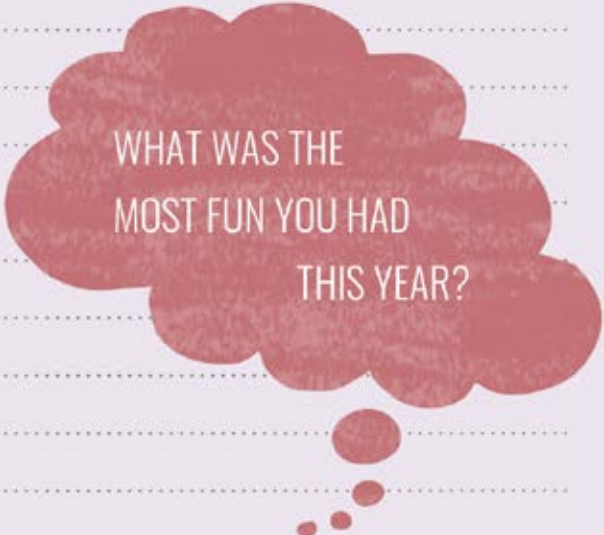
WHAT IS THE GREATEST PERSONAL OR RELATIONSHIP GOAL YOU ACHIEVED THIS YEAR?
WHAT MADE IT GREAT, AND WHY DID THIS PARTICULAR ACCOMPLISHMENT COME TO
MIND?

A large red thought bubble with a textured, marbled appearance. It has several smaller circles of varying sizes leading down from its bottom edge, suggesting a trail of thought. The text is centered within the bubble.

HOW DO YOU FEEL
ABOUT THIS PARTICULAR
SUCCESS?

A large red thought bubble with a textured, marbled appearance, similar to the one above. It has several smaller circles leading down from its bottom edge. The text is centered within the bubble.

HOW CAN YOU USE
THESE FEELINGS TO
HELP YOU CREATE A SIMILARLY
LIFE-CHANGING GOAL
FOR NEXT YEAR?

A large red thought bubble with a textured, marbled appearance. It has several smaller circles of varying sizes leading down from the main bubble. The text inside is white and centered.

WHAT WAS THE
MOST FUN YOU HAD
THIS YEAR?

A large red thought bubble with a textured, marbled appearance. It has several smaller circles of varying sizes leading down from the main bubble. The text inside is white and centered.

IN WHAT WAYS
CAN YOU BUILD MORE
EXPERIENCES LIKE THIS INTO
YOUR LIFE FOR NEXT
YEAR?

DO YOU HAVE A MAJOR
PERSONAL REGRET FOR THIS
YEAR?

CAN YOU RESOLVE IT? IF NOT, HOW DO
YOU THINK YOU CAN AVOID SUCH FEELINGS
OF REGRET IN THE COMING YEAR?

LET'S EXAMINE
YOUR HABITS. DID YOU DEVELOP A NEW, POSITIVE HABIT
THIS YEAR THAT YOU'D LIKE TO KEEP? WHAT'S YOUR WORST HABIT FROM
THIS YEAR THAT YOU PLAN TO DITCH IN THE FUTURE? HOW WILL YOU MAKE
THAT HAPPEN?

NAME SOME
WAYS IN WHICH YOU FEEL YOU'VE GROWN THIS YEAR.
SPIRITUALLY, EMOTIONALLY, RELATIONSHIP-WISE, ETC. HOW
CAN YOU CONTINUE OR IMPROVE SUCH GROWTH?

WHO HAD THE BIGGEST IMPACT OR PLAYED THE MOST IMPORTANT ROLE IN YOUR PERSONAL LIFE THIS YEAR? IF THAT PERSON WAS YOU, ARE YOU SATISFIED WITH THAT OR WOULD YOU LIKE TO STRENGTHEN YOUR INTERPERSONAL CONNECTIONS IN THE UPCOMING YEAR?



A large, empty, light purple rounded rectangular area intended for writing a response to the question above.

IN WHAT WAYS DID YOU PRACTICE SELF-CARE THIS YEAR? THE CONCEPT OF SELF-CARE INVOLVES CARING FOR YOURSELF PHYSICALLY, EMOTIONALLY, SPIRITUALLY AND MENTALLY. DO YOU FEEL YOU TOOK ADEQUATE TIME IN MEETING YOUR OWN PERSONAL NEEDS THIS YEAR?

HOW CAN YOU CONTINUE ON THAT PATH OR IMPROVE IT FOR NEXT YEAR?



A large, empty, light purple rounded rectangular area intended for writing answers to the questions above.

